

RECREATION Activity Guide

Summer 2025



Swim Safe this Summer!

Whether you're in a pool or at the beach, stay swim safe this Summer! Check out page 37 to learn more.

📞 519-728-2700

🌐 [Lakeshore.ca](https://lakeshore.ca)

✉️ RecInfo@Lakeshore.ca

📷 @LakeshoreON
@LakeshoreRec

🐦 @TweetLakeshore
@LakeshoreRec

f 📺 in @MunicipalityOfLakeshore
@LakeshoreRecreation



OUR COMMUNITIES. OUR HOME.

Together We Are Lakeshore | [Lakeshore.ca](https://lakeshore.ca)

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Summer in Lakeshore

From festivals and markets to family fun and local celebrations, there’s something for everyone in Lakeshore this summer! Stay in the know with our FREE online events calendar—browse upcoming events or add your own to reach residents across the community. Don’t miss out on what’s happening near you!

Visit [Lakeshore.ca/Events](https://lakeshore.ca/Events) or call 519-728-2700 to learn more.

Mayor's Message: Big Year for Housing and Infrastructure in Lakeshore



Tracey Bailey

Municipality of Lakeshore Mayor

2025 is shaping up to be a landmark year for infrastructure and housing in Lakeshore!

In February, we received over \$7 million from the Government of Canada's Housing Accelerator Fund. The funding will help us meet the goals set out in Lakeshore's Approved Housing Action Plan and lay the groundwork for the building of new homes over the next decade.

In March, we received the single largest grant in Lakeshore's history, \$37 million from the Canada Housing and Infrastructure Fund! The funding will not just help us meet the infrastructure needs of our communities today, but well into the future. It will accelerate

the implementation of our Water and Wastewater Master Plan while protecting our communities from flooding and creating capacity for new and affordable homes for residents of all ages.

To help us achieve the lofty goals, we've sought the support of community partners. In the Spring, Council approved a groundbreaking local partnership with the Windsor Law's Centre for Cities. This innovative partnership will help us modernize and improve our planning and development processes and achieve the milestones we've committed to.

While there is much work ahead, we look forward to engaging residents from communities across our municipality. Your feedback will be critical to the development of a shared vision for the future of housing in Lakeshore.

Please sign up for updates and stay tuned for more information at
[Lakeshore.ca/Housing](https://lakeshore.ca/Housing)

TOGETHER WE ARE

Lakeshore

A stylized, handwritten signature of Tracey Bailey in blue ink. The signature is fluid and cursive, with the first letter 'T' being particularly large and looping.

Mayor Tracey Bailey
Municipality of Lakeshore

Want to Become a Lifeguard?

Here Are
The Steps

**Bronze
Medallion**

Step 1

Step 2

**Bronze
Cross**

Step 3

**Assistant
Instructor**
(Recommended)

**National
Lifeguard
Pool**

Step 4/5
(Interchangeable)

**Swim
Lifesaving
Instructor**



Lakeshore Council | 2024-2026



Mayor
Tracey Bailey
TBAiley@Lakeshore.ca
519-728-2700 Ext. 298



Deputy Mayor
Kirk Walstedt
KWalstedt@Lakeshore.ca
519-728-2700 Ext. 218



Ward 1
Ryan McNamara
RMcNamara@Lakeshore.ca
519-728-2700 Ext. 211



Ward 4
John Kerr
JKerr@Lakeshore.ca
519-728-2700 Ext. 214



Ward 2
Michael Hoffman
MHoffman@Lakeshore.ca
519-728-2700 ext. 212



Ward 5
Ian Ruston
IRuston@Lakeshore.ca
519-728-2700 Ext. 215



Ward 3
Kelsey Santarossa
KSantarossa@Lakeshore.ca
519-728-2700 Ext. 213



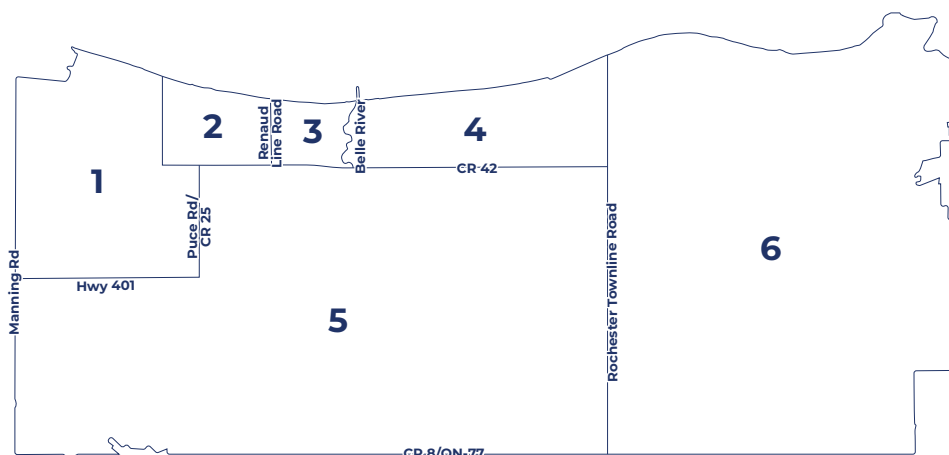
Ward 6
Larissa Vogler
LVogler@Lakeshore.ca
519-728-2700 Ext. 216

Connect With Council

To find a schedule of upcoming Council and committee meetings, current and past agendas, minutes and livestreams, **scan the QR code below** or visit Lakeshore.ca/Council



Lakeshore Ward Map



Parks and Recreation Contacts



**Corporate Leader
- Community Health
and Safety Services**
Frank Jeney
FJeney@Lakeshore.ca

I want to thank everyone for their continued use and appreciation of local parks and outdoor facilities. These spaces are for more than just recreation. They are critical assets that enhance our quality of life, promote wellness, and provide welcoming spaces for families, friends, and neighbours to connect.

While our staff are dedicated to their maintenance, we continue to face challenges related to vandalism and littering. These actions reduce access to parks and place a strain on the resources required to keep them safe and accessible.

That's why we're asking for your help! Please join us in our "Respect and Protect" campaign. This campaign encourages parks visitors to be responsible for their actions, report issues, and help us keep parks beautiful. Whether it's picking up after your pet, disposing of trash, or treating park property as if it's your own, these small acts can make a big difference. Together, we can ensure that our parks remain clean, safe, and fun for everyone.

Recreation



**Division Leader
- Recreation**
Terry Symons
TSymons@Lakeshore.ca



**Team Leader
- Recreation**
Jessica Marcoux
JMarcoux@Lakeshore.ca

* Sarah Hebert will be joining Lakeshore as the Temporary Team Leader of Recreation for our Summer programming.

Facilities and Parks



**Division Leader
- Facilities and Parks**
William (Bill) Quinlan
WQuinlan@Lakeshore.ca



**Team Leader
- Parks and Trails**
Beau Blais
BBlais@Lakeshore.ca

Aquatics



**Team Leader
- Aquatics**
George Turnbull
GTurnbull@Lakeshore.ca

Public Service Unit



**Division Leader
- Client Services Delivery**
Jenna Smith
JSmith@Lakeshore.ca

2025 Holiday Facility Closures

Please take note of the following dates in which we will be experiencing **facility closures or changes to regular hours of operation.**

May 19, 2025 | (Victoria Day) All facilities closed.

July 1, 2025 | (Canada Day) All facilities closed.

August 4, 2025 | (Civic Holiday) All facilities closed.

September 1, 2025 | (Labour Day) All facilities closed.

September 30, 2025 | (National Day for Truth & Reconciliation)
Municipal offices closed. ATRC fully operational.

October 13, 2025 | (Thanksgiving) All facilities closed.

November 11, 2025 | (Remembrance Day)
Municipal offices closed. ATRC fully operational.

December 24, 2025 – Jan 2, 2026 | (December Holiday)
Municipal offices closed. ATRC reduced hours.



For more information, call **519-728-2700** or visit Lakeshore.ca/Closures.
The above facility closures are subject to change.

Drop-In Activities

Join us for a wide range of drop-in activities, including:



Fitness Programs • **Open Pool Sessions**
Sports and Gym Time • **Open Ice Rink Sessions**

Make sure to stay up-to-date on cancellations by **scanning the QR Code**, visiting Lakeshore.ca/DropIn, or by calling **519-728-2700**

Lakeshore Minor Sports Contacts



**Belle River District
Minor Hockey**
president@brdmha.com
brdmha.com



**Skate Lakeshore
Synchronized Skating**
519-727-6919
skatelakeshore.com



Belle River Soccer
belleriversoccerinfo@gmail.com
belleriversoccer.com



**Stoney Point
Soccer Club**
stoneypointsoccer@gmail.com
stoneypointsoccer.com



Comber Minor Baseball
comberminorball@hotmail.com
Comber Minor Baseball (Facebook)



**St. Joachim Athletic
Association**
sjaaemail@gmail.com
SJAA Baseball and Soccer (Facebook)



**Lakeshore Lightning
Girls Hockey**
president@lakeshorelightning.com
lakeshorelightning.com



**Woodslee Baseball
Association**
woodsleebaseballassociation@outlook.com



Lakeshore Minor Baseball
lakeshoreminorbaseball.ca
Lakeshore Minor Baseball (Facebook)



**Skate Lakeshore
Skating Club**
519-727-6919
skatelakeshore.com



**Want to see your minor sport organization or group
listed in upcoming Activity Guides?**

Email your organizations name, logo, email address,
and website to **RecInfo@Lakeshore.ca** to be included.



Program Registration Dates

Summer 2025 (Non Aquatic, 8 Weeks) | (Aquatic, 8-9 Weeks)

June 30 - August 31

Registration begins **Wednesday, June 4, 2025, at 9:00 AM**



To register, **scan the QR code**, visit Lakeshore.ca/Recreation, call **519-728-2700** or visit the **Atlas Tube Recreation Centre customer service desk**.

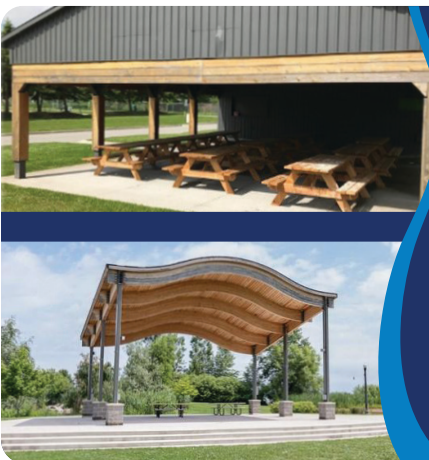
Payment is required at the time of registration. Registration is on a first come, first served basis. Programs fill up quickly. No registrations or class transfers will be accepted after the third class.

Upcoming Fall 2025 Registration

- **Wednesday, August 27 at 9:00 AM**

Upcoming Winter 2025 Registration

- **Wednesday, December 10 at 9:00 AM**



Lakeshore Picnic Shelters Rentals

Lakeshore has 40 parks and parkettes for you to enjoy. Some parks feature public picnic shelters that can be rented for special occasions. A full listing of each park, location, amenities, and photos can be found by scanning the QR code or visiting Facilities.Lakeshore.ca



Please contact Lakeshore Recreation at **519-728-2700** for all rental inquiries.

Program Registration Information

- Registration options include in-person at the **Atlas Tube Recreation Centre customer service desk**, online at **Lakeshore.ca/Recreation** and by phone **519-728-2700**.
- Registration is first come, first served. Programs fill up quickly!
- Program fees have already been prorated to take into consideration classes that fall on statutory holidays or for special event rentals.
- If you cannot be accommodated in any of your selections, you can request to be placed on a waiting list. Participants cannot be registered in one class and on a waiting list for another class. Individuals will only be contacted if a space becomes available, or if a new class has been added.
- **No registrations or class transfers will be accepted after the third class. No credits or make up classes are available for missed classes. Programs will not be overbooked; make sure you are ready to register at the day and time of registration.**
- Classes will be cancelled before the program start date if we do not meet our minimum registration numbers. Please register for all programs prior to the first day of classes.
- If Lakeshore cancels your class, a refund will be issued.
- If you withdraw from a class, you will be offered a credit/refund minus the cost of the classes attended, and the administration fee.
- **A \$10.00 Administration Fee will be charged for all refunds. No credit or make up classes for missed classes. (Fee may change due to approved schedule of fees.)**
- Should any of Lakeshore Recreation's programs be cancelled due to extreme weather conditions or other circumstances, class members will be notified by phone and the class cancellation will be posted to social media. (Refunds issued.)
- If three (3) or more members of the same household register in programs or the same person registers in 3 or more programs in the same session, a 10% discount will be applied to most programs.
- Income tax receipts can be found on your online account, by calling our Public Service team at **519-728-2700** or by emailing **RecInfo@Lakeshore.ca**
- Consult your doctor before starting any exercise programs—please be aware that there are always risks associated with any physical activity. Before you begin any fitness program, it is always best to check with your doctor.
- For any concerns related to Lakeshore Recreation programs, scheduling, or registration, please call **519-728-2700** or email **RecInfo@Lakeshore.ca**

How To Register Online

The most efficient way to register for programs is online.

First Time Registering for Programs?

You will first need to create an account. To create an account with us, please call 519-728-2700 or stop by our customer service desk.

Logging into your Account

The username is the email associated with your account and the password you have created. If you do not remember your password, or it is the first time you are logging in, you will click “forgot your password” and create your new password.

Finding Programs

You can search for programs by the name of the program, age, or category.

Tips and Tricks for Registration Day

Prior to registration opening, search for the programs you are interested in, and add them to your wish list by clicking on the heart next to the program. Please note, adding to your wish list does not guarantee your registration spot is reserved.

Registration Day

Log into your account, go to your wish list, wait for the registration to open, click enroll now, select the participant you are enrolling, and then repeat for all wish listed items. Once all programs have been added to your cart, you can click on My Cart and check out by completing the transaction with an online payment.

Stay Active

Free Recreational Activities at the Atlas Tube Recreation Centre

- **Indoor Walking Track**
Open Daily | 6:00 AM - 9:00 PM
Closed during ticketed events
- **Outdoor Earth Walk Trail**
Located behind the ATRC
- **Drop-In Skating**
Weekdays | Various Times
- **Outdoor Splash Pad**
Open daily | 9:00 AM - 8:00 PM



Recreation Assistance Program

Recreation Assistance Program (Formerly known as P2P) allows 90% of the registration fee for recreation, leisure, social, and educational programs to be covered for eligible participants through a subsidy funding program.

Criteria to qualify for this program:

- Only Lakeshore residents are eligible to apply.
- Funds are based on size of family and net income levels.
- Funds are a first come, first served basis and are limited.
- Only approved programs are eligible for coverage.
- Must apply yearly to qualify for funding.

Annual amount per person is established by the Municipality of Lakeshore.

To apply, you must provide:

Proof of the current year's Canada Child Tax Benefit (CCTB) and Notice of Assessment through Revenue Canada that includes eligible children/ages, and a parent/guardians government issued photo ID.

An application must be submitted to Lakeshore Recreation Services with the above documents no later than two weeks before the start date of the recreation program registration date.

Approval from Recreation Services MUST be provided to any organization before registration.



For more information, call **519-728-2700**, email **RecInfo@Lakeshore.ca**, or visit **Lakeshore.ca/P2P** by scanning the QR code.



RECREATION ASSISTANCE PROGRAM

For more information contact your local municipal recreation office or visit pathwaytopotential.ca



FUNDING PROVIDED BY
**PATHWAY TO
POTENTIAL**
County of Essex  



CANADA DAY

Returns to Woodslee

Join us for Lakeshore's
annual Canada Day
Celebrations on

TUESDAY, JULY 1, 2025

Millen Park 
Libro Community Centre

1925 S Middle Rd,
South Woodslee

**Enjoy a full day of family-
friendly fun, including:**

- Games & Activities** ●
- Live music and entertainment** ●
- Booths from local community groups** ●
- Fireworks at dusk** ●



For more information, visit
Lakeshore.ca/CanadaDay



Funded by the
Government
of Canada

Financé par le
gouvernement
du Canada

Canada 

LAKESHORE PARKS

CONCERT Series

SUMMER LINEUP

7:00 - 8:30 PM

Richard Janik

June 20, 2025

Lakeview Park

Coming Soon

August 15, 2025

Comber Pavilion

Dave Gatt Band

June 27, 2025

Millen Park (Woodslee)

Allesandro Rotondi

August 22, 2025

Leffler Park

Justin Jewell

July 4, 2025

Leffler Park

Elvis and Dawn Gori

August 29, 2025

Millen Park (Woodslee)

Coming Soon

July 18, 2025

Comber Pavilion

Jon Brett

September 5, 2025

Lakeview Park

Leave Those Kids Alone

July 25, 2025

Lakeview Park

Midlife Jazz

August 1, 2025

Lakeview Park

2025



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[Lakeshore.ca/ParksConcerts](https://lakeshore.ca/ParksConcerts)

Preschool Activities (Non-Aquatic)

Parent & Tot (2-3 Years) and Preschool Programs (3-4 Years)

Note: Participant must be the age indicated on each program as of the first day of class.

For program prices visit [Lakeshore.ca/Recreation](https://lakeshore.ca/Recreation) or call 519-728-2700
Summer 2025 Jun 30 - Aug 31

Dance Fusion - 3-4 years

An introduction to dance that includes Tap, Jazz, Ballet, and Hip Hop. Children review basic skills including coordination, structure, various movements, and choreographic routines.

Location: Atlas Tube Recreation Centre

Summer 2025	Tuesday	Jul 8 – Aug 26	6:00 PM – 6:50 PM	22504
	Saturday	Jul 12 – Aug 30	9:00 AM – 9:50 AM	22497

Youth Activities (Non-Aquatic)

Youth Programs (5-14 Years)

Note: Participant must be the age indicated on each program as of the first day of class.

Dance Fusion - 5-8 years

An introduction to dance that includes Tap, Jazz, Ballet and Hip Hop. Children review basic skills including coordination, structure, various movements, and choreographic routines.

Location: Atlas Tube Recreation Centre

Summer 2025	Saturday	Jul 12 – Aug 30	10:00 AM – 10:50 AM	22498
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JR Hip Hop - 5-8 years

This beginner Hip Hop class focuses on coordination through music. Learning the fundamentals of Hip Hop dance gives your child the opportunity to enhance specified dance skills and enhances fitness levels. Location: Atlas Tube Recreation Centre

Summer 2025	Tuesday	Jul 8 – Aug 26	7:00 PM – 7:50 PM	22501
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JR STEM - 5-8 years

Junior STEM integrates science, technology, engineering and mathematics. Children will investigate, and engineer problems to solutions and construct evidence-based explanations of real world ideas.

Location: Atlas Tube Recreation Centre

Summer 2025	Wednesday	Jul 9 – Aug 27	6:00 PM – 6:50 PM	22505
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Dance Fusion - 9-12 years

An introduction to dance that includes Tap, Jazz, Ballet, and Hip Hop. Children review basic skills including coordination, structure, various movements, and choreographic routines.

Location: Atlas Tube Recreation Centre

Summer 2025	Saturday	Jul 12 – Aug 30	11:00 AM – 11:50 AM	22499
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SR STEM - 9-12 years

Senior STEM integrates science, technology, engineering and mathematics. Children will investigate, and engineer problems to solutions and construct evidence-based explanations of real world ideas.

Location: Atlas Tube Recreation Centre

Summer 2025	Wednesday	Jul 9 – Aug 27	7:00 PM – 7:50 PM	22508
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Youth Badminton - 10-14 years

Instructional play by teaching children the rules of badminton.

Location: Atlas Tube Recreation Centre

Summer 2025	Monday	Jul 7 – Aug 25	7:00 PM – 7:50 PM	22542
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Youth Volleyball - 10-14 years

Instructional play by teaching children the rules of the sport in a team environment.

Location: Atlas Tube Recreation Centre

Summer 2025	Monday	Jul 7 – Aug 25	8:00 PM – 8:50 PM	22543
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Pre-authorized Payment Plans



Sign up for Lakeshore's pre-authorized payment plan (PAP), covering both tax and water bills. This service will help you avoid missed payments and late charges by having billed funds automatically withdrawn from your account.

For more info, call the Public Service Unit at 519-728-2700 or visit: [Lakeshore.ca/PAP](https://lakeshore.ca/PAP)

Burn Permit Reminder

Before starting a fire or open burn, keep these guidelines in mind:

- Fire size limits and permit requirements depend on the fire type.
- You must have access to water or another method to extinguish the fire.
- Burning leaves, phragmites, garbage, or shingles is prohibited.
- Campfires may only use clean, dry wood or charcoal.
- Avoid burning during high winds to prevent excessive smoke on nearby properties.



Scan the QR code or visit:
Lakeshore.ca/OpenBurning
to learn more.



Lakeshore Fire Ban the Band

In the event of a fire, red tape bands used during the construction of your home can cause your smoke alarms to not work. Help Lakeshore Fire “Ban the Band”, and remove any red tape bands from your smoke alarms today!

Learn more at:

Lakeshore.ca/FireSafety



Lakeshore Fire Department
592 St. Charles St. Belle River, ON
Tel: 519-728-0550

Adult Fitness Activities (Non-Aquatic)

Note: Participant must be the age indicated on each program as of the first day of class.

For program prices visit [Lakeshore.ca/Recreation](https://lakeshore.ca/Recreation) or call 519-728-2700
Summer 2025 Jun 30 - Aug 31

Beginner Yoga - 16 years +

Explore the fundamentals of a flowing yoga practice as well as implementing traditional poses. Working at your own level in a safe, supportive environment. Modifications will be offered as you practice each pose. **Location: Atlas Tube Recreation Centre**

Summer 2025	Tuesday	Jul 8 – Aug 26	7:00 PM – 7:50 PM	22545
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Body Tone - 16 years +

If you are looking for deep muscle toning throughout your entire body, this is the class for you. Working with weights, bands, kettlebells and balls, you will work your entire body taking yourself to your own limit. (Formerly known as Women on Weights). **Location: Atlas Tube Recreation Centre**

Summer 2025	Monday	Jul 7 – Aug 25	9:30 AM – 10:20 AM	22509
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Gentle Yoga - 16 years +

This class is designed for beginners. Gentle yoga focuses on breathing, stretching and meditation. Certified yoga instructor. Mat required. **Location: Atlas Tube Recreation Centre**

Summer 2025	Monday	Jul 7 – Aug 25	6:00 PM – 6:50 PM	22541
Summer 2025	Monday	Jul 7 – Aug 25	7:00 PM – 7:50 PM	22496

Pilates - 16 years +

This class is performed on a mat using the basic principles of Pilates. The focus is stabilization of the core through mindful movement and breath. Benefits of the class include whole body toning and improved flexibility, balance and strength. **Location: Atlas Tube Recreation Centre**

Summer 2025	Wednesday	Jul 9 – Aug 27	9:30 AM – 10:20 AM	22503
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Somatic Yoga - 16 years +

Somatic Yoga is from the inside out. The focus is on sensing your way in and out of poses. It focuses on how movements feel rather than how they look (Beginning to Intermediate level). **Location: Atlas Tube Recreation Centre**

Summer 2025	Thursday	Jul 10 – Aug 28	6:00 PM – 6:50 PM	22546
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Active Aging Series (55+) (Non-Aquatic)

Zoomers - 55 years +

Stay active for improved circulation and mobility! This physical fitness program provides a full circle approach that includes warm up, cardio, strength training, stretches, relaxation and meditation.

Location: Atlas Tube Recreation Centre

Summer 2025	Monday	Jul 7 – Aug 25	8:30 AM – 9:20 AM	22495
	Wednesday	Jul 9 – Aug 27	8:30 AM – 9:20 AM	22544

Stay Connected

Check out our latest posts and help us share what is happening in Lakeshore to residents and visitors! Follow us on social media and join the discussion.



TOGETHER WE ARE
Lakeshore



@LakeshoreON
@LakeshoreRec



@TweetLakeshore
@LakeshoreRec



@MunicipalityOfLakeshore
@LakeshoreRecreation



Lakeshore Summer Camp Information

WEEKLY CAMP THEMES

Jul 2 - 4: Adventure

Jul 7 - 11: Holiday

Jul 14 - 18: S.T.E.M

Jul 21 - 25: Disney

Jul 28 - Aug 1: Lakeshore

Aug 5 - 8: Food

Aug 11 - 15: Land, Sea, and Space

Aug 12 - 22: Hollywood

Aug 25 - 29: Olympic

LUNCHES

Daily lunches can be purchased through Green Heart Kitchen and will be delivered/distributed daily at the ATRC and Libro Community Centre by Lakeshore staff. Meals can be purchased online at GreenHeartKitchen.ca

HOW TO PLACE AN ORDER?

1. Visit GreenHeartKitchen.ca
2. Click the Green Heart Lunch Club Logo
3. Create a Green Heart Account
4. Make Your Selections
5. Enjoy Green Heart Meals at Camp

REFUND POLICY: Parent or Guardian must call the Public Service Unit at 519-728-2700 prior to 8:00 AM on the first day of the camp week. Refunds are only available for the entire week; no individual day refunds will be issued. Full refunds can be made to the ActiveNet account, or a \$10 administrative fee will be charged for refunds.

A Parent Guide and Weekly Activity information will be sent by email to all campers prior to the week of camp or can be found at Lakeshore.ca/Camps

Please make sure your ActiveNet account is up to date with Parent/Guardian and Campers correct information to ensure all documents are promptly received. For assistance, call the Public Service Unit at **519-728-2700**.

Learn more at: Lakeshore.ca/Camps

DAILY CAMP SCHEDULE

1. Drop Off/Free Play
2. Attendance/Camp Rules
3. Outside Group Play
4. Morning Snack
5. Outside Group Play
6. Lunch
7. ATRC Campers: Swim/Small Group Activities
8. Libro Campers: Swim/Water Activities
9. Afternoon Snack
10. Indoor Large Group Activities
11. Pick Up/Free Play

FIELD TRIPS

River Ridge Park

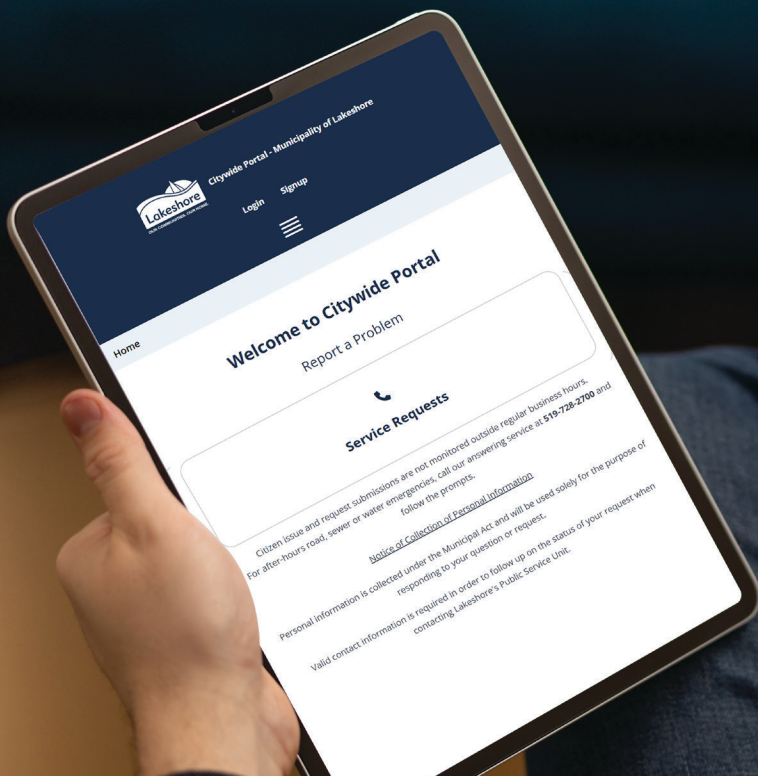
- Preteen/Senior Camp will go every other week
- Junior Camp will go once a month

Maidstone Museum (to learn about Pollinators)

IMPORTANT INFORMATION

Registration form must be completed for ALL children prior to their first day of camp.

Government issued photo ID is mandatory EVERY DAY for all parents and guardians picking up a child.



Submit Requests on our New Online Portal

Welcome to Lakeshore's new Report a Problem platform—your one-stop shop for submitting and tracking non-urgent or non-emergency service requests.

This centralized platform supports phone and online submissions, provides reference numbers, and keeps all your requests in one place. Learn more and submit a request online by scanning the QR code or visiting: **Lakeshore.ca/ReportAProblem**



For urgent road, sewer, or water concerns, please call **519-728-2700**



We Want You on Team Lakeshore

If you are passionate about providing public service in a municipal environment and looking for a workplace where you can challenge yourself and grow, we want you on our team.

Check out our current employment opportunities online by **scanning the QR code** below or visiting:
[Lakeshore.ca/Jobs](https://lakeshore.ca/jobs)



Pool Memberships

Pool Recreation Membership

Space permitting, unlimited access for the duration of the membership, to any Lengths, Leisure Swim and Recreational Swim.

30 Days	90 Days	180 Days	365 Days
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Enhanced Pool Recreation Membership

Space permitting, unlimited access for the duration of the membership, to any Lengths, Leisure Swim and Recreational Swim, **plus Aquafit classes.**

30 Days	90 Days	180 Days	365 Days
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10 Visits

Lengths and Leisure Swim Punch Pass

Lengths and Leisure Swims only. **Non-expiring pass.**

10 Visits

Aquafit Punch Pass

Aquafit classes only. **Non-expiring pass.**

Summer Family Swim Pass (June 26 - Labour Day)

Space permitting, unlimited access for Recreation swims only.
Up to 6 immediate family members living in the same household.

Summer Adult Swim Pass (June 26 - Labour Day)

Space permitting, unlimited access for Recreation swims only.

Summer Youth Swim Pass (June 26 - Labour Day)

Space permitting, unlimited access for Recreation swims only. **(up to age 17)**

Summer Organization Swim Pass (June 26 - Labour Day)

Space permitting, unlimited access for Recreation swims only.
Valid for a recognized organization up to 6 people.



Unless specified, all the above memberships and punch passes are for one (1) individual only. No access privileges will be granted with membership (members not granted access earlier than drop-in customers). Memberships cannot be transferred to another individual or redeemed for cash. Reservations are strongly recommended for Recreational Swims.

Scan the QR code or visit Lakeshore.ca/Recreation for more information.

Aquatic Admission Policy



Age	Information	Admission Requirements	Public Ratio	Group Ratio	Wrist-Band
5 years & under	Parent/guardian must remain “within arm’s reach” at all times	Direct supervision and accompanied by a parent/guardian “within arm’s reach” at all times	1:2 or 1:4 wearing lifejackets	1:2 or 1:4 wearing lifejackets	Pink
6 to 13 years	Not able to pass the facility swim test	Direct supervision and accompanied by a parent/guardian “within arm’s reach” at all times.	1:4 or 1:8 wearing lifejackets	1:4 or 1:8 wearing lifejackets	Orange
6 to 13 years	Able to pass the facility swim test	May swim unaccompanied. Children under 10 still require a parent or guardian present.	N/A	1:15	Green

Parents and guardians are those who are a minimum of 14 years of age and who are responsible for the direct supervision of those they are accompanying both in and out of the water, wearing proper swim attire.

Direct supervision means in the water and within arm’s reach at all times. Parents and guardians are responsible for children under the age of 10 in our aquatics facility and must supervise them at all times.

High-Risk Participants Must Be in a Ratio of 1 to 1

The Municipality of Lakeshore requires high-risk participants (those with serious medical conditions such as seizure disorders, frequent fainting or those with uncontrolled behaviours or impulses) be accompanied by an individual knowledgeable of their condition and responsible for their direct supervision at all times. It is suggested that those with seizure disorders be in a lifejacket or PFD at all times while in the pool.

Parent and Tot Swimming Lessons

For program prices visit [Lakeshore.ca/Recreation](https://lakeshore.ca/Recreation) or call 519-728-2700
Summer 2025 Jun 30 - Aug 31

Aqua Parent & Tot, 1/2/3 Ratio 1:12 3M-3 years

Spend quality time with your child while you both learn, have fun and socialize in the water. Tot must be accompanied in the water at all times by an adult or caregiver within arms reach of the child. Ratio 1 to 12. One adult per registered participant. **Location: Atlas Tube Recreation Centre**

Summer 2025	Monday	Jun 30 – Aug 25	4:30 PM – 5:00 PM	22319
	Tuesday	Jul 8 – Aug 26	11:00 AM – 11:30 AM	22320
	Wednesday	Jul 2 – Aug 27	10:15 AM – 10:45 AM	22321
	Wednesday	Jul 2 – Aug 27	10:45 AM – 11:15 AM	22322
	Wednesday	Jul 2 – Aug 27	5:30 PM – 6:00 PM	22323
	Thursday	Jul 3 – Aug 28	5:00 PM – 5:30 PM	22324
	Friday	Jul 4 – Aug 29	10:30 AM – 11:00 AM	22325
	Friday	Jul 4 – Aug 29	11:00 AM – 11:30 AM	22326
	Friday	Jul 4 – Aug 29	5:00 PM – 5:30 PM	22327
	Saturday	Jul 5 – Aug 30	9:00 AM – 9:30 AM	22328
	Sunday	Jul 6 – Aug 31	9:30 AM – 10:00 AM	22329

Aqua Parent & Tot Plus, Ratio 1:4 2-3 years

If your child has completed all of the Parent & Tot 3 content but is not old enough to enroll in the aqua preschool programs, then this is the class for them. Participants must be comfortable being in the water without their parent. Content will be from the aqua preschool program.

Location: Atlas Tube Recreation Centre

Summer 2025	Wednesday	Jul 2 – Aug 27	5:00 PM – 5:30 PM	22330
	Saturday	Jul 5 – Aug 30	11:00 AM – 11:30 AM	22331
	Sunday	Jul 6 – Aug 31	10:00 AM – 10:30 AM	22332

Preschool Swimming Lessons

Aqua Preschool participants will learn to enter and exit the water. They will also work on water movement and breath control while having fun.

Aqua Preschool 1, Ratio 1:4 3-5 years

Location: Atlas Tube Recreation Centre

Summer 2025	Monday	Jun 30 – Aug 25	6:45 PM – 7:15 PM	22345
	Tuesday	Jul 8 – Aug 26	10:30 AM – 11:00 AM	22346
	Wednesday	Jul 2 – Aug 27	10:15 AM – 10:45 AM	22347
	Wednesday	Jul 2 – Aug 27	11:30 AM – 12:00 PM	22348
	Wednesday	Jul 2 – Aug 27	6:30 PM – 7:00 PM	22349
	Thursday	Jul 3 – Aug 28	4:30 PM – 5:00 PM	22350
	Friday	Jul 4 – Aug 29	11:30 AM – 12:00 PM	22351
	Saturday	Jul 5 – Aug 30	10:30 AM – 11:00 AM	22352
	Sunday	Jul 6 – Aug 31	9:00 AM – 9:30 AM	22353
	Sunday	Jul 6 – Aug 31	9:45 AM – 10:15 AM	22354

Aqua Preschool 1, Ratio 1:6 3-5 years

Location: Atlas Tube Recreation Centre

Summer 2025	Monday	Jun 30 – Aug 25	6:00 PM – 6:30 PM	22355
	Tuesday	Jul 8 – Aug 26	5:00 PM – 5:30 PM	22356
	Thursday	Jul 3 – Aug 28	5:45 PM – 6:15 PM	22357
	Friday	Jul 4 – Aug 29	11:00 AM – 11:30 AM	22358
	Sunday	Jul 6 – Aug 31	11:30 AM – 12:00 PM	22359

Aqua Preschool 2, Ratio 1:4 3-5 years

Location: Atlas Tube Recreation Centre

Summer 2025	Monday	Jun 30 – Aug 25	6:00 PM – 6:30 PM	22360
	Tuesday	Jul 8 – Aug 26	4:30 PM – 5:00 PM	22361
	Wednesday	Jul 2 – Aug 27	11:00 AM – 11:30 AM	22362
	Wednesday	Jul 2 – Aug 27	11:30 AM – 12:00 PM	22363
	Wednesday	Jul 2 – Aug 27	4:30 PM – 5:00 PM	22364
	Thursday	Jul 3 – Aug 28	6:30 PM – 7:00 PM	22365
	Friday	Jul 4 – Aug 29	11:00 AM – 11:30 AM	22366
	Saturday	Jul 5 – Aug 30	12:00 PM – 12:30 PM	22367
	Sunday	Jul 6 – Aug 31	8:30 AM – 9:00 AM	22368
	Sunday	Jul 6 – Aug 31	10:00 AM – 10:30 AM	22369

Aqua Preschool 2, Ratio 1:6 3-5 years

Location: Atlas Tube Recreation Centre

Summer 2025	Wednesday	Jul 2 – Aug 27	10:15 AM – 10:45 AM	22370
	Thursday	Jul 3 – Aug 28	5:15 PM – 5:45 PM	22371
	Friday	Jul 4 – Aug 29	4:30 PM – 5:00 PM	22372
	Saturday	Jul 5 – Aug 30	8:30 AM – 9:00 AM	22373
	Sunday	Jul 6 – Aug 31	11:00 AM – 11:30 AM	22374

Aqua Preschool 3, Ratio 1:4 3-5 years

Location: Atlas Tube Recreation Centre

Summer 2025	Tuesday	Jul 8 – Aug 26	11:30 AM – 12:00 PM	22375
	Wednesday	Jul 2 – Aug 27	11:00 AM – 11:30 AM	22376
	Wednesday	Jul 2 – Aug 27	11:30 AM – 12:00 PM	22378
	Wednesday	Jul 2 – Aug 27	4:30 PM – 5:00 PM	22377
	Friday	Jul 4 – Aug 29	10:30 AM – 11:00 AM	22379
	Friday	Jul 4 – Aug 29	5:00 PM – 5:30 PM	22380
	Saturday	Jul 5 – Aug 30	12:15 PM – 12:45 PM	22381
	Sunday	Jul 6 – Aug 31	10:00 AM – 10:30 AM	22382
	Sunday	Jul 6 – Aug 31	11:00 AM – 11:30 AM	22383

Aqua Preschool 3, Ratio 1:6 3-5 years

Location: Atlas Tube Recreation Centre

Summer 2025	Monday	Jun 30 – Aug 25	6:30 PM – 7:00 PM	22384
	Tuesday	Jul 8 – Aug 26	5:30 PM – 6:00 PM	22385
	Wednesday	Jul 2 – Aug 27	5:00 PM – 5:30 PM	22386
	Thursday	Jul 3 – Aug 28	5:30 PM – 6:00 PM	22387
	Saturday	Jul 5 – Aug 30	9:30 AM – 10:00 AM	22388
	Sunday	Jul 6 – Aug 31	10:30 AM – 11:00 AM	22389
	Sunday	Jul 6 – Aug 31	11:45 AM – 12:15 PM	22390

Aqua Preschool 4/5, Ratio 1:4 3-5 years

Location: Atlas Tube Recreation Centre

Summer 2025	Monday	Jun 30 – Aug 25	5:00 PM – 5:30 PM	22391
	Tuesday	Jul 8 – Aug 26	11:00 AM – 11:30 AM	22392
	Tuesday	Jul 8 – Aug 26	6:00 PM – 6:30 PM	22393
	Wednesday	Jul 2 – Aug 27	10:15 AM – 10:45 AM	22394
	Friday	Jul 4 – Aug 29	4:30 PM – 5:00 PM	22395

Aqua Preschool 4/5, Ratio 1:6 3-5 years

Location: Atlas Tube Recreation Centre

Summer 2025	Wednesday	Jul 2 – Aug 27	6:00 PM – 6:30 PM	22396
	Friday	Jul 4 – Aug 29	11:30 AM – 12:00 PM	22397
	Saturday	Jul 5 – Aug 30	11:30 AM – 12:00 PM	22398
	Sunday	Jul 6 – Aug 31	12:00 PM – 12:30 PM	22399

Aqua Preschool Plus, Ratio 1:4 3-5 years

Has your child completed Preschool 5 but they aren't 5 years old yet? Preschool Plus participants will work on Swimmer 2 content and above! Get your child prepped for success in our swimmer levels with this program. **Location: Atlas Tube Recreation Centre**

Summer 2025	Friday	Jul 4 – Aug 29	5:00 PM – 5:30 PM	22400
	Saturday	Jul 5 – Aug 30	9:45 AM – 10:15 AM	22401
	Sunday	Jul 6 – Aug 31	12:30 PM – 1:00 PM	22402

Unsure of what swimming level to register your child in?

Lakeshore offers **FREE swim assessments** for anyone interested in signing up for our learn to swim programs. Swim assessments can be done between 6:00 PM to 8:00 PM on Friday, or during the day on Saturday and Sunday Recreational Swims. No appointment is needed. One of our certified swim instructors will evaluate your child's basic swimming skills to determine the best-fit class for them.

Check available weekend recreational swim times by calling **519-728-2700** or online at **Lakeshore.ca/DropIn**



Private swimming lessons for Aqua Preschool and Swimmer level content

Ages: 2 years +

Location: Atlas Tube Recreation Centre

Private lessons allow instructors time to give more attention to swimming participants.

Lessons can be 1 : 1, 1 : 2 or 1 : 3 ratios. All shared lessons must be arranged by the participants themselves and swimmers should have similar abilities. Please note private lesson registration can only be done in person or over the phone **519-728-2700** with a reception staff.

Youth Swimming Lessons

Fitness Swimmer Ratio 1:10 - 6-14 years

Fitness Swimmer is ideal for candidates that have completed Swimmer 6 and who are not old enough to begin the Bronze program. Participants will work on increasing their speed and endurance in the water. **Location: Atlas Tube Recreation Centre**

Summer 2025	Friday	Jul 4 – Aug 29	10:30 AM – 11:15 AM	22484
Summer 2025	Sunday	Jul 6 – Aug 31	12:15 PM – 1:00 PM	22485

Lakeshore Swim Team 1:10 - 7-16 years

Looking for a great way to refine your strokes and increase your stamina? Join the Lakeshore Swim Club! Coaches will provide instruction on a combination of competitive stroke techniques and lifesaving sport events. Participants will have fun, make friends and increase their level of fitness. **Location: Atlas Tube Recreation Centre**

Summer 2025	Mon, Wed, & Fri	Jun 30 – Aug 15	4:30 PM – 5:30 PM	22486
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Swimmer 1 to 6 allows youth aged 5 to 12 the opportunity to work on beginner skills like breath control and water movement in lower levels. Once they have completed the advanced levels they will be able to perform excellent swimming strokes up to 100m. We stress lots of in water practice for each level.

Swimmer 1, Ratio 1:4 - 5-12 years

Location: Atlas Tube Recreation Centre

Summer 2025	Monday	Jun 30 – Aug 25	5:00 PM – 5:30 PM	22404
	Wednesday	Jul 2 – Aug 27	10:30 AM – 11:00 AM	22405
	Wednesday	Jul 2 – Aug 27	11:30 AM – 12:00 PM	22406
	Wednesday	Jul 2 – Aug 27	5:00 PM – 5:30 PM	22407
	Wednesday	Jul 2 – Aug 27	6:45 PM – 7:15 PM	22408
	Wednesday	Jul 2 – Aug 27	7:30 PM – 8:00 PM	22409
	Friday	Jul 4 – Aug 29	10:30 AM – 11:00 AM	22410
	Friday	Jul 4 – Aug 29	4:30 PM – 5:00 PM	22411
	Saturday	Jul 5 – Aug 30	11:30 AM – 12:00 PM	22412
	Saturday	Jul 5 – Aug 30	12:30 PM – 1:00 PM	22413
	Sunday	Jul 6 – Aug 31	11:30 AM – 12:00 PM	22414

Swimmer 1, Ratio 1:6 - 5-12 years
Location: Atlas Tube Recreation Centre

Summer 2025	Monday	Jun 30 – Aug 25	5:30 PM – 6:00 PM	22415
	Tuesday	Jul 8 – Aug 26	10:30 AM – 11:00 AM	22416
	Tuesday	Jul 8 – Aug 26	5:30 PM – 6:00 PM	22417
	Wednesday	Jul 2 – Aug 27	10:45 AM – 11:15 AM	22418
	Wednesday	Jul 2 – Aug 27	6:15 PM – 6:45 PM	22419
	Thursday	Jul 3 – Aug 28	4:30 PM – 5:00 PM	22420
	Friday	Jul 4 – Aug 29	11:30 AM – 12:00 PM	22421
	Saturday	Jul 5 – Aug 30	10:00 AM – 10:30 AM	22422
	Sunday	Jul 6 – Aug 31	10:30 AM – 11:00 AM	22423
	Sunday	Jul 6 – Aug 31	12:00 PM – 12:30 PM	22424

Swimmer 2, Ratio 1:4 - 5-12 years
Location: Atlas Tube Recreation Centre

Summer 2025	Monday	Jun 30 – Aug 25	5:30 PM – 6:00 PM	22434
	Tuesday	Jul 8 – Aug 26	4:30 PM – 5:00 PM	22425
	Wednesday	Jul 2 – Aug 27	10:30 AM – 11:00 AM	22426
	Wednesday	Jul 2 – Aug 27	4:30 PM – 5:00 PM	22427
	Wednesday	Jul 2 – Aug 27	5:30 PM – 6:00 PM	22428
	Wednesday	Jul 2 – Aug 27	7:00 PM – 7:30 PM	22429
	Friday	Jul 4 – Aug 29	10:30 AM – 11:00 AM	22430
	Friday	Jul 4 – Aug 29	5:30 PM – 6:00 PM	22431
	Sunday	Jul 6 – Aug 31	8:30 AM – 9:00 AM	22432
	Sunday	Jul 6 – Aug 31	9:30 AM – 10:00 AM	22433

Swimmer 2, Ratio 1:6 - 5-12 years
Location: Atlas Tube Recreation Centre

Summer 2025	Tuesday	Jul 8 – Aug 26	11:30 AM – 12:00 PM	22435
	Tuesday	Jul 8 – Aug 26	5:00 PM – 5:30 PM	22436
	Thursday	Jul 3 – Aug 28	5:00 PM – 5:30 PM	22437
	Thursday	Jul 3 – Aug 28	5:30 PM – 6:00 PM	22438
	Friday	Jul 4 – Aug 29	11:30 AM – 12:00 PM	22439
	Saturday	Jul 5 – Aug 30	11:00 AM – 11:30 AM	22440
	Sunday	Jul 6 – Aug 31	12:30 PM – 1:00 PM	22441

Swimmer 3, Ratio 1:4 - 5-12 years**Location: Atlas Tube Recreation Centre**

Summer 2025	Monday	Jun 30 – Aug 25	6:00 PM – 6:45 PM	22442
	Wednesday	Jul 2 – Aug 27	10:45 AM – 11:30 AM	22443
	Wednesday	Jul 2 – Aug 27	5:30 PM – 6:15 PM	22444
	Thursday	Jul 3 - Aug 28	4:30 PM – 5:15 PM	22445
	Friday	Jul 4 - Aug 29	4:30 PM – 5:15 PM	22446
	Saturday	Jul 5 – Aug 30	10:45 AM – 11:30 AM	22447

Swimmer 3, Ratio 1:6 - 5-12 years**Location: Atlas Tube Recreation Centre**

Summer 2025	Tuesday	Jul 8 – Aug 26	10:30 AM – 11:15 AM	22448
	Tuesday	Jul 8 – Aug 26	6:15 PM – 7:00 PM	22449
	Thursday	Jul 3 - Aug 28	6:00 PM – 6:45 PM	22450
	Friday	Jul 4 - Aug 29	10:45 AM – 11:30 AM	22451
	Sunday	Jul 6 - Aug 31	10:15 AM – 11:00 AM	22452

Swimmer 4, Ratio 1:4 - 5-12 years**Location: Atlas Tube Recreation Centre**

Summer 2025	Monday	Jun 30 – Aug 25	7:15 PM – 8:00 PM	22453
	Tuesday	Jul 8 – Aug 26	10:45 AM – 11:30 AM	22454
	Tuesday	Jul 8 – Aug 26	6:45 PM – 7:30 PM	22455
	Wednesday	Jul 2 – Aug 27	11:15 AM – 12:00 PM	22456
	Wednesday	Jul 2 – Aug 27	6:00 PM – 6:45 PM	22457
	Thursday	Jul 3 - Aug 28	5:30 PM – 6:15 PM	22458
	Sunday	Jul 6 - Aug 31	11:00 AM – 11:45 AM	22459

Swimmer 4, Ratio 1:8 - 5-12 years**Location: Atlas Tube Recreation Centre**

Summer 2025	Tuesday	Jul 8 – Aug 26	5:30 PM – 6:15 PM	22460
	Wednesday	Jul 2 – Aug 27	10:45 AM – 11:30 AM	22461
	Saturday	Jul 5 – Aug 30	11:30 AM – 12:15 PM	22462

For program prices visit Lakeshore.ca/Recreation or call 519-728-2700
Summer 2025 Jun 30 - Aug 31

Swimmer 5, Ratio 1:4 - 5-12 years
Location: Atlas Tube Recreation Centre

Summer 2025	Tuesday	Jul 8 – Aug 26	6:00 PM – 6:45 PM	22463
	Wednesday	Jul 2 – Aug 27	7:15 PM – 8:00 PM	22464
	Friday	Jul 4 – Aug 29	5:15 PM – 6:00 PM	22465
	Sunday	Jul 6 – Aug 31	9:00 AM – 9:45 AM	22466

Swimmer 5, Ratio 1:10 - 5-12 years
Location: Atlas Tube Recreation Centre

Summer 2025	Monday	Jun 30 – Aug 25	6:30 PM – 7:15 PM	22467
	Saturday	Jul 5 – Aug 30	10:00 AM – 10:45 AM	22468

Swimmer 6, Ratio 1:4 - 5-12 years
Location: Atlas Tube Recreation Centre

Summer 2025	Tuesday	Jul 8 – Aug 26	11:15 AM – 12:00 PM	22469
	Thursday	Jul 3 – Aug 28	6:45 PM – 7:30 PM	22470
	Friday	Jul 4 – Aug 29	11:15 AM – 12:00 PM	22471
	Saturday	Jul 5 – Aug 30	9:00 AM – 9:45 AM	22472

Swimmer 6, Ratio 1:10 - 5-12 years
Location: Atlas Tube Recreation Centre

Summer 2025	Tuesday	Jul 8 – Aug 26	4:30 PM – 5:15 PM	22473
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Canadian Swim Patrol (CSP)

Canadian Swim Patrol is the continuation of the Lifesaving Society's Swim for Life program. CSP has 3 levels: Rookie (7), Ranger (8) and Star (9). Swimmers will begin to learn self rescue techniques and the rescue of others while continuing to focus on endurance in the water.

Location: Atlas Tube Recreation Centre

Swimmer 7/8, Ratio 1:4 - 5-12 years

Summer 2025	Tuesday	Jul 8 – Aug 26	5:15 PM – 6:00 PM	22474
	Wednesday	Jul 2 – Aug 27	11:15 AM – 12:00 PM	22475
	Saturday	Jul 5 – Aug 30	10:15 AM – 11:00 AM	22476

Swimmer 7/8, Ratio 1:10 - 5-12 years

Summer 2025	Monday	Jun 30 – Aug 25	7:15 PM – 8:00 PM	22477
	Thursday	Jul 3 – Aug 28	6:45 PM – 7:30 PM	22478
	Sunday	Jul 6 – Aug 31	11:00 AM – 11:45 AM	22479

Swimmer 9, Ratio 1:10 - 5-12 years

Summer 2025	Thursday	Jul 3 – Aug 28	6:15 PM – 7:00 PM	22480
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Adult Swimming Lessons

Adult 1, Ratio 1:8 - 13 years +

Adult 1 is for beginner swimmers over the age of 13 years who want to learn the basic principles of swimming. Participants in this program will work on breath control, floating and short distance swimming on their own. **Location: Atlas Tube Recreation Centre**

Summer 2025	Monday	Jun 30 – Aug 25	7:30 PM – 8:00 PM	22481
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Adult 2, Ratio 1:8 - 13 years +

Adult 2 is for participants 13 years and older who want to continue to develop their front and back crawl strokes and enhance their endurance in the water. Candidates must have completed Adult 1 in order to enroll. **Location: Atlas Tube Recreation Centre**

Summer 2025	Friday	Jul 4 – Aug 29	5:30 PM – 6:00 PM	22482
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Aquatic Leadership Training

Location: Atlas Tube Recreation Centre

Bronze Star - 8 years +

This course is for candidates 8-12 years old that want to start their lifeguard training early. Participants will develop problem-solving and decision-making skills individually and in partners. This course includes certification in Basic First Aid and CPR-A. Recommended completion of Canadian Swim Patrol levels. **This course requires 100% attendance.**

Summer 2025	Tuesday	Jul 8 – Aug 26	6:00 PM – 7:30 PM	22488
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Bronze Medallion

This course is the first step in the Lifesaving Society's leadership program. Program includes a mix of classroom and pool learning. Upon successful completion candidates will also be certified in Emergency First Aid and CPR-B. **This course requires 100% attendance.** Candidates must be 13 years old or hold a current Bronze Star certification.

Summer 2025	Tue – Thu	Jul 8 – Jul 10	1:00 PM – 8:30 PM	22489
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Bronze Cross

This course is the second step in the Lifesaving Society's leadership program. Participants learn the difference between lifesaving and lifeguarding, how to deal with emergency situations and how to work effectively as a team. Candidates must have completed Bronze Medallion and Emergency First Aid. **This course requires 100% attendance.**

Summer 2025	Tue – Thu	Jul 15 – Jul 17	1:00 PM – 8:30 PM	22490
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Assistant Instructor - 14 years +

This course is the first step to becoming a Swim Instructor. Through classroom learning and in-water practice candidates learn the roles and responsibilities of instructors and their assistants. Must have completed Bronze Cross and be 14 years old to enroll. **This course requires 100% attendance.** This course is recommended but not required.

Summer 2025	Tue – Thu	Aug 12 – Aug 14	2:00 PM – 8:30 PM	22491
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National Lifeguard with SFA - 15 years +

This certification allows candidates to work as a lifeguard at a pool. Course includes Standard First Aid certification. Teamwork, leadership, communication and a high level of physical fitness will be necessary for successful completion. Must have completed Bronze Cross, Standard First Aid and be 15 years of age by the exam date. **This course requires 100% attendance.**

Summer 2025	Tue – Thu	Jul 22 – Jul 31	11:30 AM – 8:30 PM	22493
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LSS/Swim/EFA Instructors - 15 years +

The Lifesaving Society Swim Instructor & Lifesaving Instructor course prepares candidates to teach and evaluate basic swim strokes and related skills of the Swim for Life program. Candidates are also certified to teach and evaluate (some items) of the Lifesaving programs. Must have completed Bronze Cross, Assistant Instructors (recommended) and be 15 years old by the last day of class. **This course requires 100% attendance.**

Summer 2025	Tue – Thu	Aug 19 – Aug 28	1:00 PM – 8:30 PM	22492
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National Lifeguard - Pool Recertification - 15 years +

In order to remain current lifeguards must recertify this qualification within 2 years by passing this exam.

Summer 2025	Sunday	Jun 29	3:30 PM – 10:30 PM	22494
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THE GREEN BINS ARE COMING!

The **EWSWA** is rolling out the new Green Bin collection program to keep food waste and organics out of the Essex-Windsor Regional Landfill. Bin delivery to all single-family households in Phase 1 runs from July to October. Over 121,000 homes will receive Green Bins, so please be patient – yours will be delivered before the October 21st program launch.

What To Expect

🌱 Delivery schedules can be found through the Recycle Coach app, the EWSWA website (www.ewswa.org) and social media.

🌱 Your 120L EWSWA Green Bin has a gravity lock and comes with a Starter Kit that includes a kitchen catcher, sample compostable bag, and information on using the Green Bin.

🌱 Collection starts in October, so please be sure to store your Green Bin safely until then.

NOTE:
Only EWSWA
Green Bins will
be collected.

ewswa
ESSEX-WINDSOR SOLID WASTE AUTHORITY



JOIN THE GREEN TEAM

*Become a Green Superhero!
Help make the region greener by putting food waste and organics in the Green Bin, not your garbage.
It's a lot easier than you might think.
It's just a different bin, and it's the right thing to do.*

Your new Starter Kit will get you going, and you can learn more at www.ewswa.org or by scanning the QR code below.

WHAT GOES IN THE BIN?

Scan the QR code for the acceptable materials list.



Download the Recycle Coach app for your Green Bin delivery date and your collection schedule.



For full program information, visit ewswa.org

PHASE 1 (FALL 2025): WINDSOR, ESSEX, LAKESHORE, LASALLE, TECUMSEH

PHASE 2 (FALL 2026) :AMHERSTBURG, KINGSVILLE, LEAMINGTON

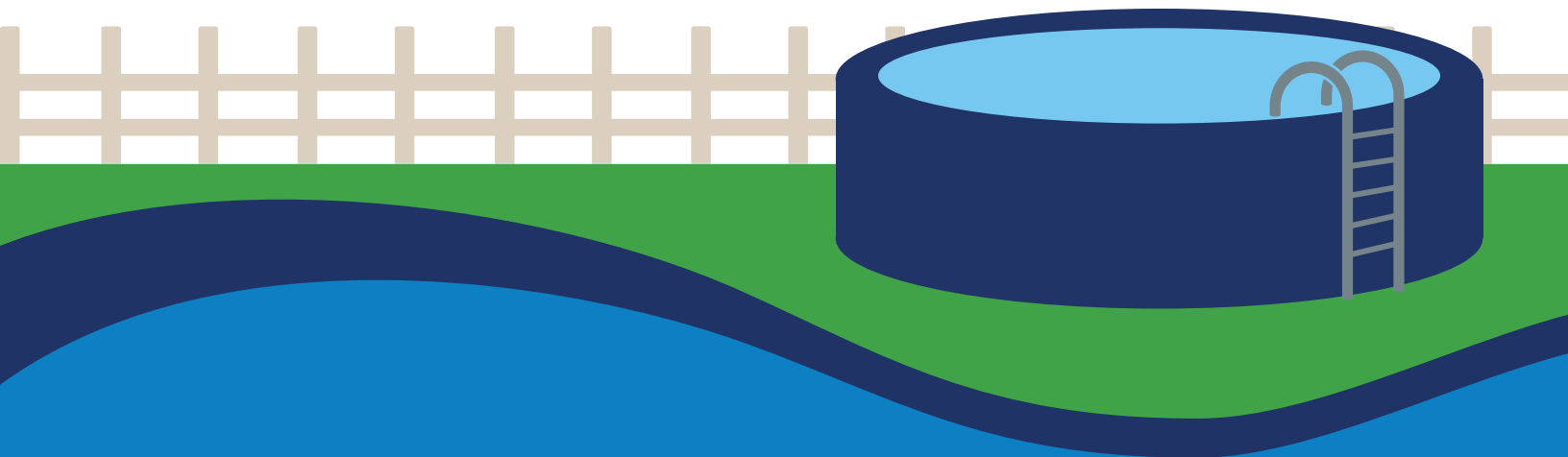
Every Second Counts Be Pool Safe

As summer approaches, backyard pools become a hub of fun for kids, friends, and family. To keep the fun safe, it's important to understand the risks, whether you own or are just visiting a pool.

The single most important way to keep everyone safe is to ensure that young children are always supervised in and around the water.

Here are some pool safety tips to follow:

- Appoint an adult to actively supervise children near the pool.
- Keep children under five within arm's reach in and around the water.
- Control and restrict access to the pool with a latching gate and enclosed fencing to help prevent potential accidents.
- Enroll your family in swimming lessons to learn essential water safety skills.



TOGETHER WE ARE

Lakeshore



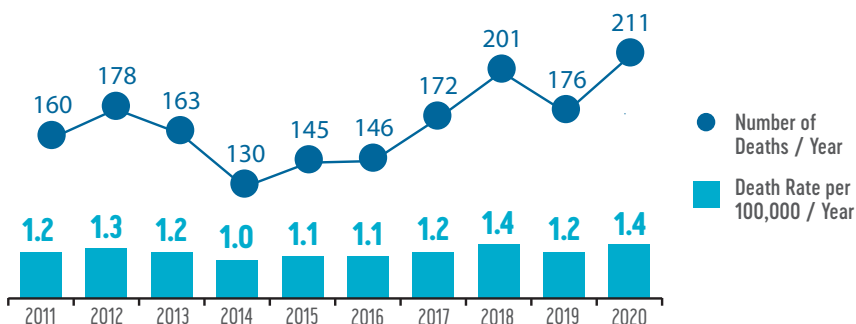
LIFESAVING SOCIETY®
The Lifeguarding Experts

DROWNING Report

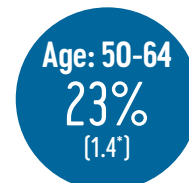
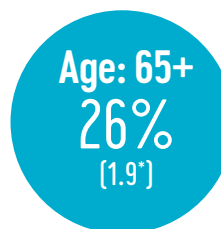
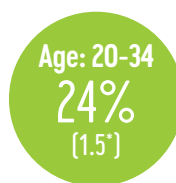
Prepared for the Lifesaving Society by the Drowning Prevention Research Centre Canada

This infographic summarizes the most recent data on water-related fatalities available from the Office of the Chief Coroner for Ontario. With the exception of the first chart, all data refers to the most current five-year period, 2016-2020.

ONTARIO WATER-RELATED FATALITIES AND DEATH RATES, 2011-2020

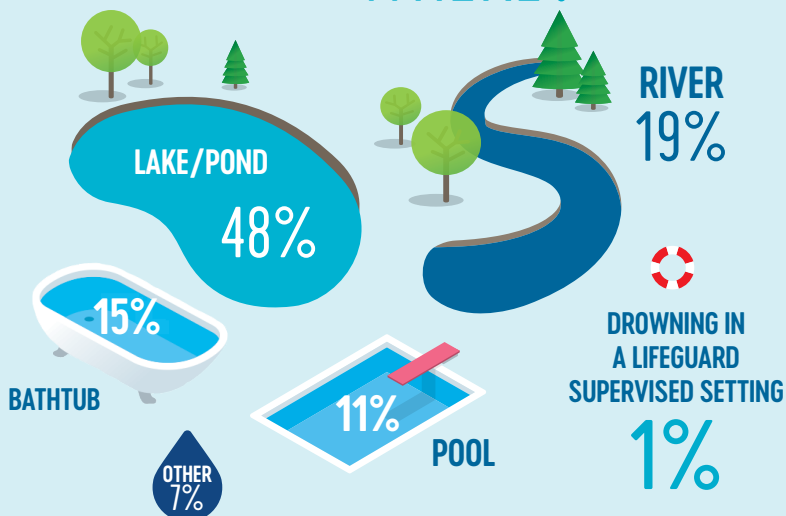


WHO IS DROWNING?



* Death Rate per 100,000 / Year

WHERE?



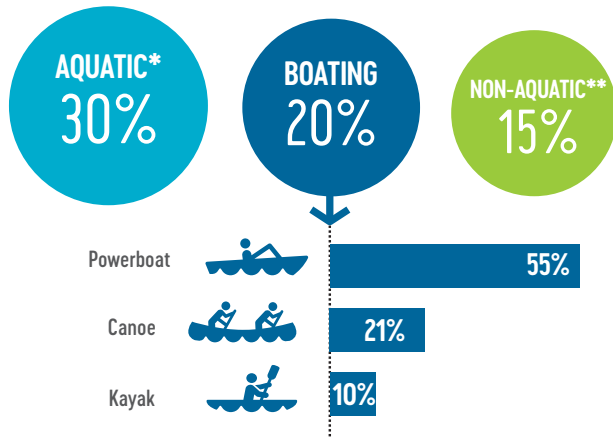
WHEN?

68%

OF DROWNINGS
OCCURRED FROM



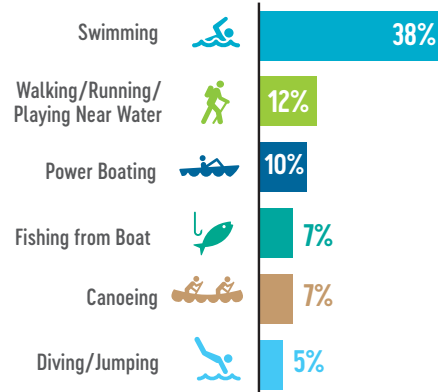
? WHAT WERE THEY DOING?



* The person intended to be in the water (e.g. swimming/wading)

** Unintentional fall into water (e.g. walking/biking/working near water and fell in)

WATER-RELATED FATALITIES BY MOST COMMON RECREATIONAL ACTIVITY



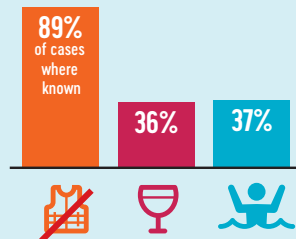
! WHY? RISK FACTORS

CHILDREN AGE: <5

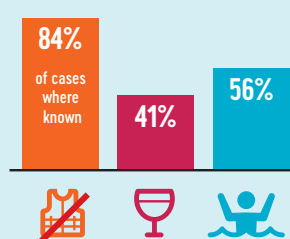


97%
Supervision Absent
or Distracted

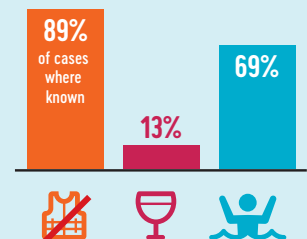
YOUNG ADULTS AGE: 15-34



MIDDLE-AGED ADULTS AGE: 35-64

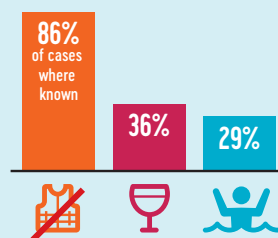


OLDER ADULTS AGE: 65+

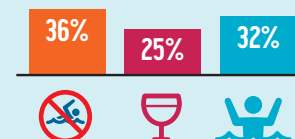


- Not Wearing a PFD
- Alcohol Consumption
- Alone
- Weak or Non-Swimmer

BOATING



SWIMMING



METHODS:

Water-related death data is extracted from the office of the Chief Coroner or Medical Examiner for each province and territory. Data is collected for all deaths resulting from incidents "in, on or near" water. "Near water" incidents were included if the intent was closely related to water-based recreational, vocational or daily living activity. The data includes only unintentional deaths, not deaths due to natural causes, suicide, or homicide.

ACKNOWLEDGEMENTS:

We gratefully acknowledge the support, co-operation and efforts of:

- The Chief Coroner's and Medical Examiner's Offices in each province/territory, who permitted and facilitated confidential access to coroner's reports on unintentional water-related deaths.
- The volunteers who contributed their time and energy to extract data from the files.

CONTACT US:

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Respect and Protect Our Parks

CLEAN, SAFE, AND FUN

Every action counts: dispose of waste properly, follow park rules, and be mindful of others to help keep our parks clean, safe, and fun for future generations to come.

